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[Aikido](#) - John Stevens 2019-01-30

This definitive, richly illustrated manual covers essential elements of the philosophy and practice of Aikido, the Japanese martial art. John Stevens details the precise execution of the wide

range of techniques, and recounts interesting and lively anecdotes about the history of Aikido and its founder, Ueshiba Morihe.

Japanese Women Don't Get Old or Fat - Naomi Moriyama 2005-11-08

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What if there were a land where people lived longer than anywhere else on earth, the obesity rate was the lowest in the developed world, and women in their forties still looked like they were in their twenties? Wouldn't you want to know their extraordinary secret? Japanese-born Naomi Moriyama reveals the secret to her own high-energy, successful lifestyle—and the key to the enduring health and beauty of Japanese women—in this exciting new book. The Japanese have the pleasure of eating one of the most delicious, nutritious, and naturally satisfying cuisines in the world without denial, without guilt...and, yes, without getting fat or looking old. As a young girl living in Tokyo, Naomi Moriyama grew up in the food utopia of the world, where fresh, simple, wholesome fare is prized as one of the greatest joys of life. She also spent much time basking in that other great center of Japanese food culture: her mother Chizuko's Tokyo kitchen. Now she brings the traditional secrets of her mother's kitchen to you

in a book that embodies the perfect marriage of nature and culinary wisdom—Japanese home-style cooking. If you think you've eaten Japanese food, you haven't tasted anything yet. Japanese home-style cooking isn't just about sushi and raw fish but good, old-fashioned everyday-Japanese-mom's cooking that's stood the test of time—and waistlines—for decades. Reflected in this unique way of cooking are the age-old traditional values of family and the abiding Japanese love of simplicity, nature, and good health. It's the kind of food that millions of Japanese women like Naomi eat every day to stay healthy, slim, and youthful while pursuing an energetic, successful, on-the-go lifestyle. Even better, it's fast, it's easy, and you can start with something as simple as introducing brown rice to your diet. You'll begin feeling the benefits that keep Japanese women among the youngest-looking in the world after your very next meal! If you're tired of counting calories, counting carbs, and counting on being disappointed with diets

that don't work and don't satisfy, it's time to discover one of the best-kept and most delicious secrets for a healthier, slimmer, and long-living lifestyle. It's time to discover the Japanese fountain of youth....

Notiziario - Japan Cultural Institute in Rome
2002

The Philosophy of Aikido - John Stevens
2013-02

This book is an invaluable guide for practitioners - whether beginning or advanced - wishing to know more about the context in which Aikido was developed and Aikido's implications for the world today. Some of the ideas discussed are : the relation of Aikido to such Asian traditions as Shinto, Shingon Buddhism, Omotokyo esotericism, Taoist mysticism, and Tantra ; points of correspondence between Aikido and Western philosophical and religious systems - Greek philosophy, Christianity, Kabbalah, alchemy, and modern scientific theories ; links

between Aikido and art ; ways that Aikido thought can be used to advance the causes of such urgent issues as health and healing, conflict resolution and environmental responsibility. --from back cover.

Black Jack, Volume 12 - Osamu Tezuka
2015-04-29

The Black Jack series is told in short stories. Volume 12 will contain 14 stories, each running approximately 20 pages in length. This eleventh volume includes the following stories: Wildcat Boy: Black Jack is called out to the jungles of Indonesia to help an old friend with some unique research. Renowned Paris based Professor Dr. Triufeaux has stumbled upon a rare case of a modern day wolf-boy. However, in this case the boy believes he is a wildcat. White Lion: While preparing to have a nice homecooked meal, Black Jack and his assistant Pinoko are interrupted by a wrapping on their front door. Awaiting to enter and speak with the doctor are two men, an odd couple of sorts, with a request

for the doc's services. The director of the local zoo and a representative from Angola are desperate to have a recently transplanted animal treated immediately.

Katana - Stephen Turnbull 2011-01-01

The Samurai sword of Japan is probably the finest edged weapon ever made. This volume by leading Samurai expert Stephen Turnbull reveals the story of how and why it achieved this distinction. Particular attention is paid to the development of the familiar curved blade from the original straight blades, the associated development of Japan's famous steel-making techniques and the challenges from contemporary warfare. Together with the technical details of forging, polishing, mounting and testing; this volume is brought to life with details of the great swordmakers themselves. Moreover, no history of the sword would be complete without a detailed examination of its use in combat, from the greatest Samurai armies to individual duels and revenge killings. Personal

accounts allow the reader to discover the art of Japanese swordsmanship in the hands of masters such as Miyamoto Musashi to the unnamed Japanese warrior defending his family's honour. This lively text is perfectly complemented by artwork reconstructions of the sword in use and colour photographs of the swords in use.
Codroipo: Inventario dei beni culturali del comune - 1996

Tàijí Jiàn 32-Posture Sword Form - James Drewe
2009-02-15

The Sword Form is an important aspect of the popular Chinese martial art, Tàijíquán. The 32-Posture Sword Form, from the point of view of the physical movements only, is not complex, but there is a significant amount of other information, relating to the applications, that is open to interpretation. Written by an experienced teacher of Tàijíquán, this book provides a detailed description of the Jian (the sword), its parts and how it should be held.

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Using photographs and illustrations, the author gives step-by-step instructions for the main 13 applications including sword strokes, stances and footwork techniques. This book contains a wealth of information on Sword Form technique and is an ideal resource for students of martial arts, experienced practitioners or anyone interested in learning about Tàijíquán.

L'Informazione bibliografica - 1995

Analyses by author, title and key word of books published in Italy.

The Man Without Talent - YOSHIHARU
TSUGE 2020-01-28

A Japanese manga legend's autobiographical graphic novel about a struggling artist and the first full-length work by the great Yoshiharu Tsuge available in the English language. Yoshiharu Tsuge is one of comics' most celebrated and influential artists, but his work has been almost entirely unavailable to English-speaking audiences. The Man Without Talent, his first book ever to be translated into English,

is an unforgiving self-portrait of frustration. Swearing off cartooning as a profession, Tsuge takes on a series of unconventional jobs -- used camera salesman, ferryman, and stone collector -- hoping to find success among the hucksters, speculators, and deadbeats he does business with. Instead, he fails again and again, unable to provide for his family, earning only their contempt and his own. The result is a dryly funny look at the pitfalls of the creative life, and an off-kilter portrait of modern Japan. Accompanied by an essay from translator Ryan Holmberg that discusses Tsuge's importance in comics and Japanese literature, The Man Without Talent is one of the great works of comics literature.

Books on Japan in Western Languages Recently Acquired by the National Diet Library -
Kokuritsu Kokkai Toshokan (Japan) 1994

Alternative Modernity - Andrew Feenberg
1995-11-07

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In this new collection of essays, Andrew Feenberg argues that conflicts over the design and organization of the technical systems that structure our society shape deep choices for the future. A pioneer in the philosophy of technology, Feenberg demonstrates the continuing vitality of the critical theory of the Frankfurt School. He calls into question the anti-technological stance commonly associated with its theoretical legacy and argues that technology contains potentialities that could be developed as the basis for an alternative form of modern society. Feenberg's critical reflections on the ideas of Jürgen Habermas, Herbert Marcuse, Jean-François Lyotard, and Kitaro Nishida shed new light on the philosophical study of technology and modernity. He contests the prevalent conception of technology as an unstoppable force responsive only to its own internal dynamic and politicizes the discussion of its social and cultural construction. This argument is substantiated in a series of

compelling and well-grounded case studies. Through his exploration of science fiction and film, AIDS research, the French experience with the "information superhighway," and the Japanese reception of Western values, he demonstrates how technology, when subjected to public pressure and debate, can incorporate ethical and aesthetic values.

[The Book of Five Rings \(Annotated\)](#) - Musashi Miyamoto 2021-05-03

The Book of Five Rings is a text on kenjutsu and the martial arts in general, written by the Japanese swordsman Miyamoto Musashi around 1643. Written over three centuries ago by a Samurai warrior, the book has been hailed as a limitless source of psychological insight for businessmen-or anyone who relies on strategy and tactics for outwitting the competition.

The Art of Sushi - Frankie Alarcon 2021-12-14
Fly to Japan and come discover all there is to know about sushi. After revealing the secrets of chocolate to us, Franckie Alarcon offers a

gourmet panorama of this exceptional dish that has conquered the planet! But do you really know sushi? The author traveled to Japan to meet all the players involved in the making of this true work of culinary art. From the traditional starred chef to the young cook who is shaking up the rules, including all the artisans and producers involved, this book covers the most emblematic of Japanese products from A to Z. A fascinating journey of discovery that, along the way, tells a lot about Japan itself. You'll never believe the precision and detailed obsession with quality ingredients involved. Japan in the Chinese Dynastic Histories - L. Carrington Goodrich 1985-01-01

Prospettive settanta - 1988

La genesi del capitalismo e le origini della modernità - Luciano Pellicani 2006

Il Cerchio Perfetto - Maurizio Colonna

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2016-01-23

Il Cerchio Perfetto è parte del titolo della pergamena "Shinen No Kurai" appartenente alla tradizione della Sekiguchi Ryu, e fondamentale guida nei principi tecnici e morali di coloro che praticano il Battojutsu di tale scuola. Cos'è il Battojutsu? Si tratta della scherma d'estrazione rapida della spada praticata tradizionalmente in Giappone, e conosciuta anche col termine più recente di "Iaijutsu". Questo libro non vuole essere solo un'opera manualistica d'introduzione tecnica al Battojutsu della Sekiguchi Ryu, praticato presso gli Shogun Tokugawa sin dall'epoca Edo, ma anche un'opera di conoscenza più generale sulla formazione tradizionale nelle arti marziali giapponesi. Come erano strutturate le scuole classiche? Chi poteva accedere alla formazione marziale? Come si sviluppò l'arte della spada in Giappone? Maurizio Colonna nella presente opera risponde a questi e ad altri quesiti, attraverso personali riflessioni, considerazioni storiche e condivisioni

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tecniche basate sulla sua esperienza di pratica nella Sekiguchi Ryu Battojutsu secondo gli insegnamenti del 17° grande maestro dello stile, Toshiyasu Yamada.

Dragon Ball Z “It’s Over 9,000!” Visioni del mondo in collisione - Derek Padula 2020-11-25

Dragon Ball di Akira Toriyama è la serie anime e manga più conosciuta al mondo e ha appassionato milioni di fan da ogni parte del globo. La leggendaria rivalità degli ultimi due Saiyan dal sangue puro, Goku e Vegeta, è l’esempio per antonomasia di un eterno conflitto che ispira i fan a superare i propri limiti. Con le prefazioni di Ryō Horikawa e Gianluca Iacono, rispettivamente la voce di Vegeta in giapponese e in italiano, Dragon Ball Z “It’s Over 9,000!” Visioni del mondo in collisione è il primo libro a spiegare da dove proviene “It’s Over 9,000!”, come si è diffuso il video originale fino a ricevere 7 milioni di visualizzazioni e perché continua ad essere uno slogan così popolare. Con un’analisi davvero meticolosa delle visioni del mondo in

collisione di Goku e Vegeta, questo libro aiuta il lettore a comprendere meglio perché il conflitto è necessario per una profonda crescita personale e lo sviluppo caratteriale. Con riferimenti ai sistemi di credenze dell’Asia orientale e paradigmi futuristici di alta tecnologia, Derek Padula, l’autore della serie di libri e del blog The Dao of Dragon Ball, fornisce una profonda comprensione di questa storia epica e dei suoi valori intrinseci. Cambierà per sempre la tua visione di Dragon Ball Z.

Limes: Mishima e i due lati del radicalismo - Antonio Rossiello 2018-08-06

Saggio su Yukio Mishima, letteratura, nazionalismi, la figura divina shintoista dell'Imperatore collante della nazione fino al '45; parallelismo storico-letterario in cui la decadenza morale del Giappone fu direttamente proporzionale al suo sviluppo economico-sociale. Il cinema di Mishima, regista, attore di film ispirati a sue opere, speculare alla sinistra. La politica, Tate-No Kai aristocratico confronto di

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idee Mishima ed il Mov. Stud. all'università. Appello all'unità del Giappone sotto la figura religiosa e politica dell'Imperatore Hiro Hito, contro le vecchie strutture politiche conservatrici onnidirezionali. A destra e a sinistra, due percorsi politici paralleli, una destra radicale e una sinistra estrema marxista-libertaria rivoluzionarie che dal conte Malynsky al socialista nazionale Ikki al Movimento Studentesco del '68, quando le rette parvero incontrarsi perigliosamente per il sistema politico dello status quo. Il sistema "rimise le cose al suo posto", cassando le ambizioni politico-culturali, provocando in esse fratture. Dopo il seppuku di Mishima l'alterazione della lotta politica: università sindacato violenza politica dello Zengakuren e Nihon Sekigun. *Epoca* - 1981

Kwaidan - Lafcadio Hearn 2021-05-07
Kwaidan: Stories and Studies of Strange Things features several Japanese ghost stories and a

brief non-fiction study on insects. Most of these stories were translated from old Japanese texts. The author also states that one of the stories - Yuki-onna - was told to him by a farmer in Musashi Province, and his was apparently the first record of it. Riki-Baka is based on a personal experience of the author. Table of Contents: The Story of Mimi-nashi Hōichi Oshidori The Story of O-Tei Ubazakura Diplomacy Of a Mirror and a Bell Jikininki Mujina Rokurokubi A Dead Secret Yuki-Onna The Story of Aoyagi Jiu-Roku-Zakura The Dream of Akinosuke Riki-Baka Hi-Mawari Hōrai In the last half of the book, Hearn lists collected Chinese/Japanese superstitions and his own personal thoughts on various members of the insect world. Butterflies: Personification of the human soul. Mosquitoes: Karmic reincarnation of jealous or greedy people in the form of Jiki-ketsu-gaki or "blood-drinking pretas". Ants: Mankind's superior in terms of chastity, ethics, social structure, longevity and evolution.

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Millennial Monsters - Anne Allison 2006-06-30

Millennial Monsters explores the global popularity of Japanese consumer culture--including manga (comic books), anime (animation), video games, and toys--and questions the make-up of fantasies and capitalism that have spurred the industry's growth.

101 Great Samurai Prints - Utagawa Kuniyoshi
2012-09-21

Kuniyoshi was a master of the warrior woodblock print — and these 18th-century illustrations represent the pinnacle of his craft. Full-color portraits of renowned Japanese samurais pulse with movement, passion, and remarkably fine detail.

Tuttle Dictionary Martial Arts Korea, China & Japan - Daniel Kogan 2012-07-09

Featuring translations of terms from Korean, Chinese and Japanese this dictionary is a must have for any serious martial arts practitioner. The modern martial artist requires more than a

mere vocabulary listing. The modern practitioner wants an in-depth exploration not only of the equivalency of meaning but also the cultural and historical background of the terms relevant to the martial arts. To answer that need, this dictionary includes: Over 7,100 of the most important martial arts terms in Korean, Cantonese, Mandarin, Japanese, and Okinawan Full description of techniques Weapons Styles Martial Arts Masters This martial arts dictionary is a must have for every martial arts student. With its culturally relevant terminology, this book includes everything to satisfy both traditional purists and eclectic practitioners. As this is the combined work of four separate compilers, each a specialist in a region's language and martial arts, this is in fact four dictionaries in one. Each compiler's expertise contributes to the consistent high quality and linguistic accuracy throughout.

L'Espresso - 2005

Politica, cultura, economia.

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Bibliografia nazionale italiana - 2011

Grande dizionario della lingua italiana moderna - 1999

The Onlife Manifesto - Luciano Floridi
2014-11-16

What is the impact of information and communication technologies (ICTs) on the human condition? In order to address this question, in 2012 the European Commission organized a research project entitled The Onlife Initiative: concept reengineering for rethinking societal concerns in the digital transition. This volume collects the work of the Onlife Initiative. It explores how the development and widespread use of ICTs have a radical impact on the human condition. ICTs are not mere tools but rather social forces that are increasingly affecting our self-conception (who we are), our mutual interactions (how we socialise); our conception of reality (our metaphysics); and our interactions

with reality (our agency). In each case, ICTs have a huge ethical, legal, and political significance, yet one with which we have begun to come to terms only recently. The impact exercised by ICTs is due to at least four major transformations: the blurring of the distinction between reality and virtuality; the blurring of the distinction between human, machine and nature; the reversal from information scarcity to information abundance; and the shift from the primacy of stand-alone things, properties, and binary relations, to the primacy of interactions, processes and networks. Such transformations are testing the foundations of our conceptual frameworks. Our current conceptual toolbox is no longer fitted to address new ICT-related challenges. This is not only a problem in itself. It is also a risk, because the lack of a clear understanding of our present time may easily lead to negative projections about the future. The goal of The Manifesto, and of the whole book that contextualises, is therefore that of

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contributing to the update of our philosophy. It is a constructive goal. The book is meant to be a positive contribution to rethinking the philosophy on which policies are built in a hyperconnected world, so that we may have a better chance of understanding our ICT-related problems and solving them satisfactorily. The Manifesto launches an open debate on the impacts of ICTs on public spaces, politics and societal expectations toward policymaking in the Digital Agenda for Europe's remit. More broadly, it helps start a reflection on the way in which a hyperconnected world calls for rethinking the referential frameworks on which policies are built.

Rap. Storia di una musica nera - David Toop
1992

Chinese Folktales - Ornella Civardi 2021-08-17

As its title suggests, this book captures the essence of Japanese life and culture in 100 words. From well-known concepts like zen,

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kawaii and anime to their lesser-known counterparts waiting to be discovered by the West, Japan in 100 Words covers it all. Readers will learn more about: Chochin—decorative lanterns seen everywhere from shrines and temples to izakaya Fugu—the very carefully prepared delicacy of poisonous blowfish J-pop—the now widely popular musical genre Karoshi—literally translated as "overwork death" Omiai—the Japanese version of an arranged marriage And much more! The beautiful full-color illustrations bring these ideas, places and objects to life—making it the perfect addition to any Japanophiles library or a fun and useful introductory guide for a first-time visitor to Japan.

Dragon Ball Z "It's Over 9,000!" When Worldviews Collide - Derek Padula 2012-09-09

The Dragon Ball Z internet phenomenon known as Over 9,000! went viral with over 7 million views on Youtube in the late 2000s. This e-book will explain the meaning behind Over 9,000 and

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its significant pop cultural implications in mass media, and the deeper insights into what made the Dragon Ball series so epic.

[Eliminazioni di massa](#) - Alberto Salza 2012-05-09

Gli stermini e i genocidi non sono altro che una versione macro delle trappole di intolleranza che osserviamo ogni giorno in piccola scala nelle nostre case, scuole, fabbriche, uffici, Stati. Ognuno di noi può esserne coinvolto e responsabile: dopo questa lettura non avremo più scuse.

Nightmare Japan - Jay McRoy 2008-01-01

Over the last two decades, Japanese filmmakers have produced some of the most important and innovative works of cinematic horror. At once visually arresting, philosophically complex, and politically charged, films by directors like Tsukamoto Shinya (Tetsuo: The Iron Man [1988] and Tetsuo II: Body Hammer [1992]), Sato Hisayasu (Muscle [1988] and Naked Blood [1995]) Kurosawa Kiyoshi (Cure [1997], Séance [2000], and Kairo [2001]), Nakata Hideo (Ringu

[1998], Ringu II [1999], and Dark Water [2002]), and Miike Takashi (Audition [1999] and Ichi the Killer [2001]) continually revisit and redefine the horror genre in both its Japanese and global contexts. In the process, these and other directors of contemporary Japanese horror film consistently contribute exciting and important new visions, from postmodern reworkings of traditional avenging spirit narratives to groundbreaking works of cinematic terror that position depictions of radical or 'monstrous' alterity/hybridity as metaphors for larger socio-political concerns, including shifting gender roles, reconsiderations of the importance of the extended family as a social institution, and reconceptualisations of the very notion of cultural and national boundaries.

Best Aikido - Kisshomaru Ueshiba 2002

Presents an introduction to the fundamentals of aikido, covering training, techniques, and principles of the martial art.

Daily Life in Japan - Louis Frederic 2010-11-01

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From the tenth century onwards the emperors of Japan gradually lost power. The local lords or clan chiefs waged ceaseless war against each other, while the court, wholly steeped in Chinese culture, seemed to take no further interest in the affairs of the nation. In 1191 the Minamoto clan mastered the disturbances and finally imposed its rule. Hard work, respect for the hierarchy, the cult of nationalism, a sense of self-sacrifice and duty – such was the new trend. The Buddhist doctrine of Zen made its appearance. It gave mystical support to the samurai, and the Japanese spirit was henceforth directed towards a political and religious asceticism which had an enormous influence on all aspects of art, thought and daily life. An acknowledged authority on the 'classical' period of Japanese history, the author reveals what the life of the Japanese people was like during these five centuries, and shows how a transformation of heart and mind produced a civilization as original as it was profound.

Rivista di storia economica - 2001

Manutenzione e cura della Spada Giapponese. Cura della spada, cura dell'anima - Maurizio Duse 2022-03-07

Negli ultimi anni l'interesse per la spada tradizionale giapponese (Nihontō, 日本刀), più nota nell'immaginario collettivo come "katana", sta aumentando sempre di più, quasi in controtendenza con il numero di praticanti effettivi di arti marziali legate ad essa. Con tutta probabilità ciò dipende dall'alone di mistero, mito e fascinazione che circonda quest'arma che – molto spesso – non è più vista come tale ma quasi come una rappresentazione archetipale di altri valori come bellezza, capacità artigianale, coraggio, giustizia ed equilibrio. Valori quasi tutti rappresentati dalla figura mitizzata del Samurai. Ho quindi pensato di scrivere questo piccolo volume principalmente per fornire all'appassionato, al collezionista e al praticante di arti marziali gli elementi di base per una corretta cura e manutenzione delle spade oggetto della sua attenzione. Inoltre, in

considerazione del fatto che la spada tradizionale giapponese è considerata in Giappone un "Tesoro nazionale", trovo corretto che chi ne possiede una abbia le nozioni minime necessarie per una corretta custodia, anche al fine di poter conservare in buono stato, per sé ed i suoi posteri, un oggetto unico e prezioso, e che rappresenta un elemento culturale rilevante di un popolo. C'è però un secondo motivo per il quale suggerisco a chi possiede una spada di provvedere periodicamente ed in modo rituale alla sua manutenzione: esattamente come il praticante di calligrafia giapponese (Shodō, 書道), prima di iniziare a dipingere, si prepara l'inchiostro (sumi) sfregando a lungo, con un

movimento preciso, una bacchetta di fuliggine secca su una apposita pietra (suzuri) contenente acqua per prepararsi "spiritualmente" alla scrittura (anzi: è già scrittura!), nello stesso modo - secondo il mio punto di vista - l'atto di curare la propria spada rappresenta sia un senso di rispetto per quest'ultima che un momento di pura meditazione, in preparazione della pratica. "Dopo aver pulito la lama ci si potrà rispecchiare in essa e, come lo specchio sacro, si trasformerà in una via per ottenere saggezza, tranquillità ed onestà".

[Catalogo dei libri in commercio](#) - 1997

Giornale della libreria - 1994